



WILL COUNTY HEALTH DEPARTMENT  
&  
COMMUNITY HEALTH CENTER

## For Immediate Release

September 7, 2010

**News media calls to Vic Reato: Media Services Manager at (815)727-5088.**

Agency Website: [www.willcountyhealth.org](http://www.willcountyhealth.org)

Twitter: WillCoHealth

### HAPPIEST BABY ON THE BLOCK CLASSES SCHEDULED for WILL COUNTY - REGISTRATION OPEN FOR FREE BOLINGBROOK, JOLIET CLASSES

**JOLIET** — Happiest Baby classes for new parents have been scheduled for two Will County locations during October.

Registration for these free, special classes, sponsored by the Will County Health Department, is required. Happiest Baby classes teach new parents a step-by-step approach to help all infants sleep longer and soothe even the fussiest baby in minutes...or less!

Classes are scheduled from 6-8 p.m. Tuesday, October 12, at Bolingbrook Adventist Hospital (500 Remington Boulevard), and Tuesday, October 26, at the Will County Health Department main office complex in Joliet (501 Ella Avenue). To register for classes at either location, please telephone Jill Garbaliuskas at 815-740-8987, or E-mail at [jgarbaliuskas@willcountyhealth.org](mailto:jgarbaliuskas@willcountyhealth.org).

Parents need to attend only one class. The classes have been scheduled at two locations in order to make travel easier for all area parents who may wish to attend.

The vision of the Happiest Baby Program is to teach parents simple, effective and fun techniques to quickly soothe their babies' cries and help them sleep a little longer. Happiest Baby educators provide hands on training covering topics such as:

- The Missing 4<sup>th</sup> Trimester: It may sound odd, but many babies cry because, in an important way, they're born 3 months too soon.
- The Calming Reflex: The virtual off-switch to crying that all babies are born with.
- And the 5 S's: The simple techniques that activate the calming reflex.

The Happiest Baby educators provide hands on training to teach any new mom and dad how to become the best parents ...on the block!



**Public Health**  
Prevent. Promote. Protect.

*Main Office*  
501 Ella Avenue  
Joliet, IL 60433  
Ph 815.727.8480  
Fx 815.727.8484

*Community Health Center*  
1106 Neal Avenue  
Joliet, IL 60433  
Ph 815.727.8670  
Fx 815.727.8852

*Eastern Branch Office*  
44 Towncenter  
University Park, IL 60466  
Ph 815.727.8803  
Ph 708.534.0800  
Fx 708.534.3455

*Northern Branch Office*  
323 Quadrangle Dr.  
Bolingbrook, IL 60440  
Ph 630.679.7000  
Fx 630.679.7015