

# The Young Moms' Café

## About The Moms' Café

### You will be able to:

- Hang out and talk with other moms
- Eat
- Talk about yourself, your parenting experiences, things going on in your life, questions or concerns about your children/families, etc.
- Bring your partner with you. We have a free group for Dad's too (21 & under)

### Benefits to coming:

- Meet other Moms your age
- Talk about the opportunities Moms have
- Everything is free
- No "membership" requirement or commitment

For more information call Healthy Families Illinois @ 815-740-8987 or [jgarbaliauskas@willcountyhealth.org](mailto:jgarbaliauskas@willcountyhealth.org)

## 2012 Dates

January 9<sup>th</sup> & 23<sup>rd</sup>  
February 6<sup>th</sup> & 27<sup>th</sup>  
March 5<sup>th</sup> & 19<sup>th</sup>  
April 1<sup>st</sup>, 16<sup>th</sup>, & 30<sup>th</sup>  
May 14<sup>th</sup> & 21<sup>st</sup>  
June 11<sup>th</sup> & 25<sup>th</sup>  
July 9<sup>th</sup> & 23<sup>rd</sup>  
August 6<sup>th</sup> & 20<sup>th</sup>  
September 10<sup>th</sup> & 17<sup>th</sup>  
October 1<sup>st</sup>, 15<sup>th</sup>, & 29<sup>th</sup>  
November 5<sup>th</sup> & 26<sup>th</sup>  
December 10<sup>th</sup> & 17<sup>th</sup>

## Time

6:00 PM to 7:30 PM

## Where

Will County Health Department  
501 Ella Ave.  
Joliet, IL 60433  
WIC Education Room

## Join Us!

It's a place where moms can come together to talk about the challenges, issues, and triumphs of being a mom. We share stories and help each other find solutions, information, and resources to help us be the best moms we can be.

## Who's Invited?

Any mother that is 21-years-old or younger who resides in Will County

## Why?

Free food, beverage and onsite childcare is provided, so why not?