



## WILL COUNTY HEALTH DEPARTMENT & COMMUNITY HEALTH CENTER

### For Immediate Release

March 23, 2010

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Agency Website: [www.willcountyhealth.org](http://www.willcountyhealth.org)

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### HEALTH DEPARTMENT SUPPORTS NATIONAL PUBLIC HEALTH WEEK

**JOLIET** – The U.S. remains a world leader in health care innovation and technology, but the annual National Public Health Week celebration reminds us that more still needs to be done.

America already spends more money on health care than any other country. Yet, a third of all American children are overweight and 20 percent of the population delays or postpones medical care because of prohibitive costs. Health care funding increases are obviously important, but it will take more than money to make the U.S. the healthiest possible place.

In 1995, the American Public Health Association launched a public health awareness initiative designed to promote wellness and innovate solutions to critical health issues that impact everyone. The 2010 National Public Health Week celebration is set for April 5-11. This week-long public awareness event is designed to help all of us focus on things each of us can do to address our nation's public health challenges.

Whether it's going for a 30-minute walk most days of the week, emailing a friend with a healthy recipe, or wearing a helmet when riding a bike, we can all do something every day that will contribute to a healthier community. It's time we all make small commitments to health, wellness and injury prevention. They may seem insignificant, but they can have a profound impact when spread throughout an entire family, community, and nation.

For more information about making America a healthier place to live and work visit [www.apha.org](http://www.apha.org) or [www.nphw.org](http://www.nphw.org). For more information about programs and services provided by the Will County Health Department, visit [www.willcountyhealth.org](http://www.willcountyhealth.org).



**Public Health**  
Prevent. Promote. Protect.

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